

 144

Elmwood Park-Hackensack-NY

Get The App

The 144 bus line (Elmwood Park-Hackensack-NY) has 5 routes. For regular weekdays, their operation hours are: (1) Elmwood Park Express: 4:20 PM - 6:20 PM(2) Hackensack Via Teterboro: 6:17 AM - 7:10 AM(3) New York Express: 5:42 AM - 8:25 AM(4) New York Via Union City: 3:15 PM - 5:55 PM(5) Rochelle Pk Via Teterboro: 6:20 AM - 8:10 AM Use the Moovit App to find the closest 144 bus station near you and find out when is the next 144 bus arriving.

Direction: Elmwood Park Express

38 stops

[VIEW LINE SCHEDULE](#)

- Port Authority Bus Terminal
- Polifly Rd at Eileen Terrace
- Polifly Rd at Lodi St
- Essex St at Polifly Rd
- Essex St at University Medical Ctr
- Essex St at Summit Ave
- Essex St at Easterly Arcadia Rd
- Essex St at Westerly Arcadia Rd
- Essex St at Maybrook Dr
- Essex St at Maywood Ave
- Essex St at Route 17 South Exit Ramp
- Essex St at High St
- Essex St at Rochelle Ave
- Saddle River Rd at Market St
- Saddle River Rd at Ackerman Ave
- Saddle River Rd at Rt. 80 Ramp
- Saddle River Rd at Rochelle Pkwy
- Saddle River Rd at Mayhill St
- Saddle River Rd at Pehle Ave
- Saddle River Rd at Bell Ave
- Saddle River Rd at Oxford Ave

144 bus Time Schedule

Elmwood Park Express Route Timetable:

Sunday	Not Operational
Monday	4:20 PM - 6:20 PM
Tuesday	4:20 PM - 6:20 PM
Wednesday	4:20 PM - 6:20 PM
Thursday	4:20 PM - 6:20 PM
Friday	4:20 PM - 6:20 PM
Saturday	Not Operational

144 bus Info

Direction: Elmwood Park Express

Stops: 38

Trip Duration: 58 min

Line Summary:

Saddle River Rd at Graham Terrace

Saddle River Rd at Danna Way

Saddle River Rd at South Broadway Ave

Saddle River Rd at Wyckoff Terrace

Rt-4 at Rt-208

Rt-4 at Virginia Dr

Rt-4 at 35th St

Rt-4 at 32nd St

Rt-4 at 27th St

Broadway at Plaza Rd

Rt-4 at Hartley Pl

Rt-4 110' E Of Zink Pl.

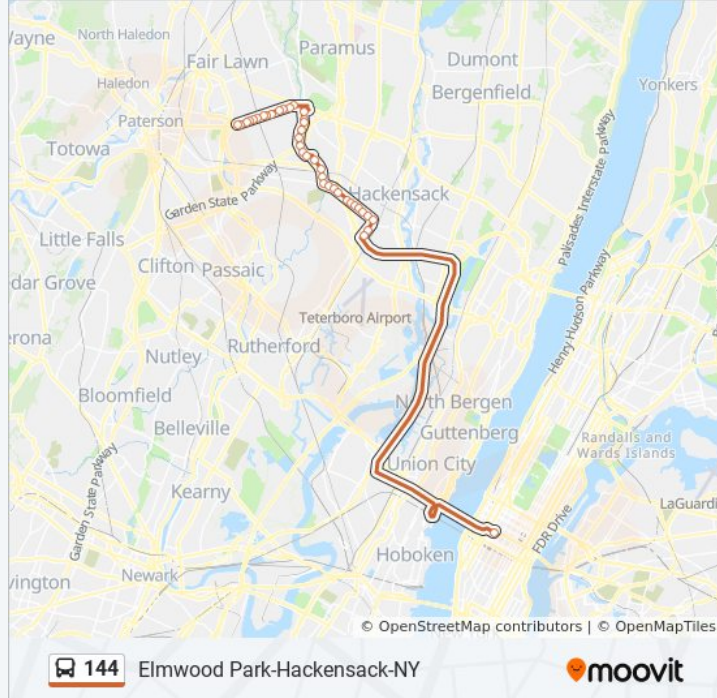
Rt-4 at 17th St

Rt-4 at Lyncrest Ave

Rt-4 at Cyril Ave

Rt-4 at Rosedale Ave

Broadway at Orange Ave



Direction: Hackensack Via Teterboro

24 stops

[VIEW LINE SCHEDULE](#)

Port Authority Bus Terminal

Marginal Rd N at Pleasant Ave

31st St at Hudson Ave

31st St at Palisade Ave

31st St at Bergenline Ave

31st St at JFK Blvd

Paterson Plank Rd at Gotham Parkway

Gotham Pkwy at Veterans Blvd

Gotham Pkwy at Jony Dr

Gotham Pkwy at Amor Ave

Gotham Pkwy at Universal Pl

West Commercial Ave 473' E Of Caesar Pl

144 bus Time Schedule

Hackensack Via Teterboro Route Timetable:

Sunday	Not Operational
Monday	6:17 AM - 7:10 AM
Tuesday	6:17 AM - 7:10 AM
Wednesday	6:17 AM - 7:10 AM
Thursday	6:17 AM - 7:10 AM
Friday	6:17 AM - 7:10 AM
Saturday	Not Operational

144 bus Info

Direction: Hackensack Via Teterboro

Stops: 24

Trip Duration: 29 min

Line Summary:

Caesar Pl at Moonachie/Commercial Ave

Moonachie Ave at Charles Lindbergh Blvd

Moonachie Ave at Grand St

Industrial Ave at Vincent Pl

Industrial Ave 998'N Of Malcolm Ave

Green St at North St (Henry St)

Wesley St at Green St

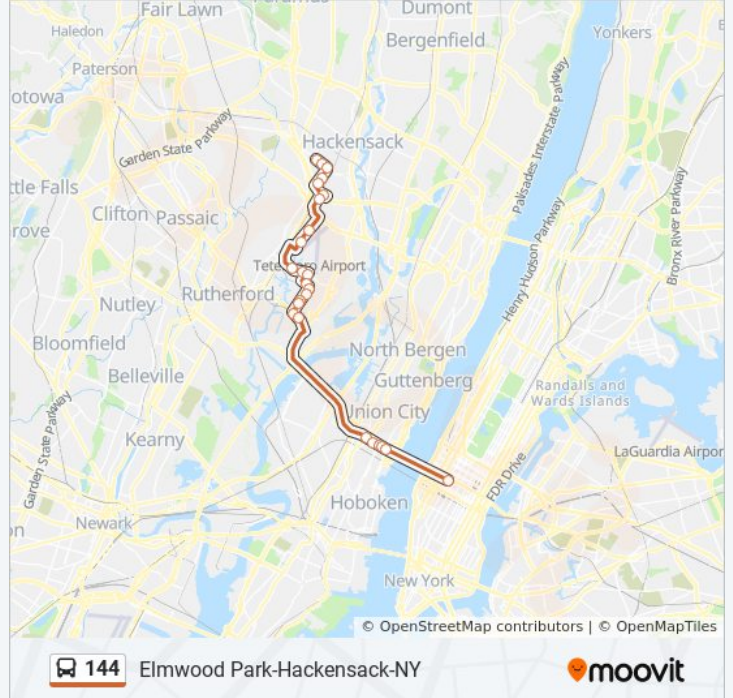
Polifly Rd at Elleen Terrace

Polifly Rd at Lodi St

Essex St at Polifly Rd

Essex St at University Medical Ctr

Essex St at Summit Ave



Direction: New York Express

35 stops

[VIEW LINE SCHEDULE](#)

Broadway at Boulevard

Rt-4 at Elizabeth Ave

Rt-4 at East 54th St

North Midland Ave & Rt-4

Broadway at Plaza Rd

Rt-4 at 30th St

Rt-4 at Fair Lawn Pkwy

Rt-4 at East Amsterdam Ave

Rt-4 at Tumbridge Rd

Rt-4 at Blue Hill Ave

Saddle River Rd at Wyckoff Terrace

Saddle River Rd at South Broadway Ave

Saddle River Rd at Danna Way

Saddle River Rd at Graham Terrace

Saddle River Rd at Oxford Ave

Saddle River Rd at Bell Ave

Saddle River Rd at Pehle Ave

144 bus Time Schedule

New York Express Route Timetable:

Sunday	Not Operational
Monday	5:42 AM - 8:25 AM
Tuesday	5:42 AM - 8:25 AM
Wednesday	5:42 AM - 8:25 AM
Thursday	5:42 AM - 8:25 AM
Friday	5:45 AM - 8:25 AM
Saturday	Not Operational

144 bus Info

Direction: New York Express

Stops: 35

Trip Duration: 50 min

Line Summary:

Saddle River Rd at Mayhill St

Saddle River Rd at Rochelle Pkwy

Saddle River Rd at Sterling Pl

Saddle River Rd at Ackerman Ave

Market St & Fairview Ave

Essex St at Rochelle Ave

Essex St at Route 17 South Exit Ramp

Essex St at Maywood Ave

Essex St 150' W Of Easterly Arcadia Rd

Essex St at Summit Ave

Essex St at Prospect Ave, Medical Ctr

Essex St at Hospital Dr

Polifly Rd at Essex St

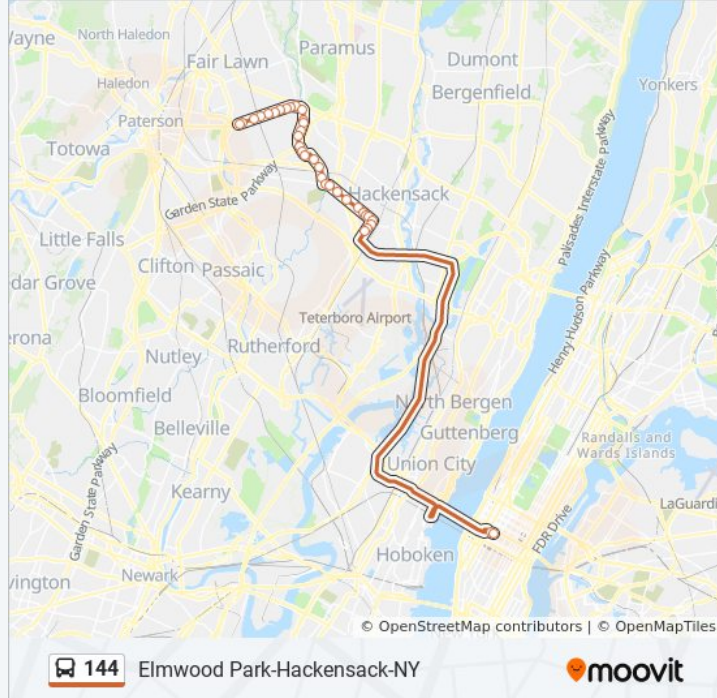
Polifly Rd at Parker Ave

Polifly Rd 193's Of Marvin Ave

Polifly Rd at Charles St

Port Authority Drop Off

Port Authority Bus Terminal



Direction: New York Via Union City

31 stops

[VIEW LINE SCHEDULE](#)

Essex St at Rochelle Ave

Essex St at Route 17 South Exit Ramp

Essex St at Maywood Ave

Essex St 150' W Of Easterly Arcadia Rd

Essex St at Summit Ave

Essex St at Prospect Ave, Medical Ctr

Essex St at Hospital Dr

Polifly Rd at Essex St

Polifly Rd at Parker Ave

Polifly Rd 193's Of Marvin Ave

Polifly Rd at Charles St

144 bus Time Schedule

New York Via Union City Route Timetable:

Sunday	Not Operational
Monday	3:15 PM - 5:55 PM
Tuesday	3:15 PM - 5:55 PM
Wednesday	3:15 PM - 5:55 PM
Thursday	3:15 PM - 5:55 PM
Friday	3:15 PM - 5:55 PM
Saturday	Not Operational

144 bus Info

Direction: New York Via Union City

Stops: 31

Trip Duration: 45 min

Line Summary:

Green St at North St (Henry St)

Industrial Ave 950'N Of Malcolm Ave

Industrial Ave at Vincent Pl

Industrial Ave at Railroad St

Moonachie Ave at Grand St

Moonachie Ave at Charles Lindbergh Blvd

Caesar Pl at Moonachie/Commercial Ave

Caesar Pl 200'N Of W Commercial Ave

Gotham Pkwy at Universal Pl

Gotham Pkwy at Amor Ave

Gotham Pkwy at Jony Dr

Gotham Pkwy at Veterans Blvd

30th St at JFK Blvd

30th St at Summit Ave

30th St at Bergenline Ave

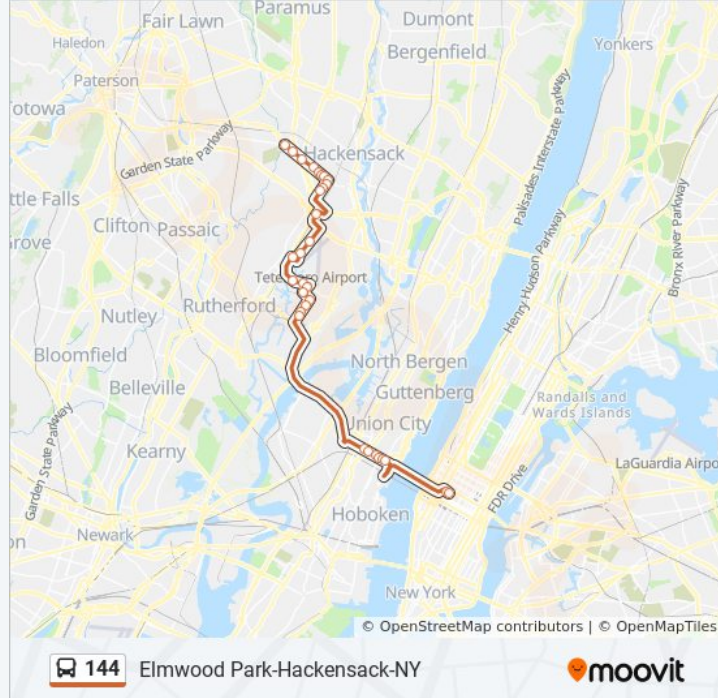
30th St at Palisade Ave

30th St at Hudson Ave

30th St at Pleasant Ave

Port Authority Drop Off

Port Authority Bus Terminal



Direction: Rochelle Pk Via Teterboro

31 stops

[VIEW LINE SCHEDULE](#)

Port Authority Bus Terminal

Marginal Rd N at Pleasant Ave

31st St at Hudson Ave

31st St at Palisade Ave

31st St at Bergenline Ave

31st St at JFK Blvd

Paterson Plank Rd at Gotham Parkway

Gotham Pkwy at Veterans Blvd

Gotham Pkwy at Jony Dr

144 bus Time Schedule

Rochelle Pk Via Teterboro Route Timetable:

Sunday	Not Operational
Monday	6:20 AM - 8:10 AM
Tuesday	6:20 AM - 8:10 AM
Wednesday	6:20 AM - 8:10 AM
Thursday	6:20 AM - 8:10 AM
Friday	6:20 AM - 8:10 AM
Saturday	Not Operational

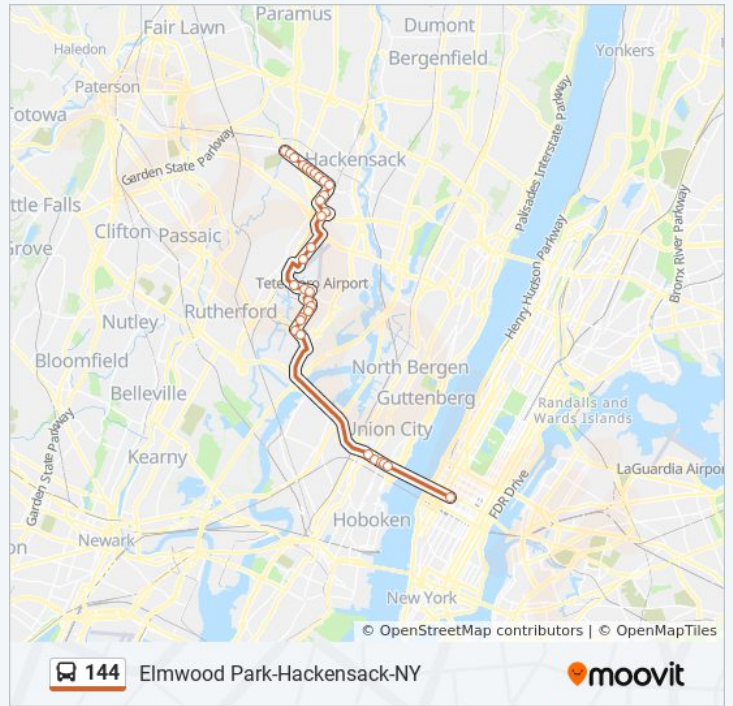
144 bus Info

Direction: Rochelle Pk Via Teterboro

Stops: 31

Trip Duration: 42 min
Line Summary:

- Gotham Pkwy at Amor Ave
- Gotham Pkwy at Universal Pl
- West Commercial Ave 473' E Of Caesar Pl
- Caesar Pl at Moonachie/Commercial Ave
- Moonachie Ave at Charles Lindbergh Blvd
- Moonachie Ave at Grand St
- Industrial Ave at Vincent Pl
- Industrial Ave 998'N Of Malcolm Ave
- Green St at North St (Henry St)
- Wesley St at Green St
- Polifly Rd at Elleen Terrace
- Polifly Rd at Lodi St
- Essex St at Polifly Rd
- Essex St at University Medical Ctr
- Essex St at Summit Ave
- Essex St at Easterly Arcadia Rd
- Essex St at Westerly Arcadia Rd
- Essex St at Maybrook Dr
- Essex St at Maywood Ave
- Essex St at Route 17 South Exit Ramp
- Essex St at High St
- Essex St at Rochelle Ave



144 bus time schedules and route maps are available in an offline PDF at moovitapp.com. Use the [Moovit App](#) to see live bus times, train schedule or subway schedule, and step-by-step directions for all public transit in New York - New Jersey.

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