

The 7 bus line (Lords Hill - Southampton City Centre - Sholing) has 5 routes. For regular weekdays, their operation hours are:  
(1) Sholing: 06:00-22:50(2) Southampton City Centre: 20:10-23:07(3) Lords Hill: 05:45-18:52(4) Southampton City Centre: 20:10-23:07(5) Aldermoor: 08:28-17:28  
Use the Moovit App to find the closest 7 bus station near you and find out when is the next 7 bus arriving.

Direction: Sholing

66 stops

[VIEW LINE SCHEDULE](#)

- Lord's Hill Centre, Lords Hill
- Lord's Hill Centre, Lords Hill
- Blackbushe Close, Lords Hill
- Kinloss Court, Lords Hill
- Tanners Brook, Lordswood
- Woburn Road Flyover, Lordswood
- Shopping Parade, Aldermoor
- Turning Circle, Aldermoor
- Lyburn Court, Aldermoor
- Springford Crescent, Aldermoor
- General Hospital, Shirley Warren
- Vine Road, Southampton General
- Warren Avenue, Shirley Warren
- Coxford Close, Maybush
- Maybush Road, Maybush
- Crabwood Road, Maybush
- Borrowdale Road, Millbrook Estate
- Ullswater Road, Millbrook Estate
- Millbrook Towers, Millbrook Estate
- The Saints, Millbrook Estate

7 bus Time Schedule

Sholing Route Timetable:

Monday	06:00-22:50
Tuesday	06:00-22:50
Wednesday	06:00-22:50
Thursday	06:00-22:50
Friday	06:00-22:50
Saturday	05:32-22:50
Sunday	08:34-20:10

7 bus Info

Direction: Sholing

Stops: 66

Trip Duration: 73 min

Line Summary:

Sedbergh Road, Millbrook Estate

Kendal Avenue Shops, Millbrook Estate

Windrush Road, Millbrook Estate

Quantock Road, Millbrook

Cotswold Road, Millbrook

Mendip Road, Millbrook

Tesco, Millbrook

King Edward Avenue, Shirley Park

Clarendon Road, Shirley Park

Park Street, Shirley

Church Street, Shirley

Lidl, Shirley

Mcdonalds, Shirley

Grove Road, Shirley

Paynes Road, Shirley

Sir Georges Road, Freemantle

Four Post Hill, Freemantle

Central Station, Southampton City Centre

Art Gallery, Southampton City Centre

Above Bar, Southampton City Centre

Vincent's Walk, Southampton City Centre

Houndwell Park, Southampton City Centre

Hoglands Park, Southampton City Centre

City College, St Marys

Anglesea Terrace, Chapel

Itchen Bridge West, Chapel

Johns Road, Woolston

Bridge Link Road, Woolston

Fort Road, Woolston

St Annes Road, Woolston

The Swan, Woolston

Weston Lane, Weston

Laxton Close, Sholing

Portsmouth Road, Sholing

Butts Road Tesco, Sholing

Landseer Road, Sholing

Butts Square, Sholing

Coates Road, Sholing

Parry Road, Sholing

Walton Road, Sholing

Montague Close, Sholing

Sullivan Road Park, Sholing

Delius Avenue, Sholing

Valentine Avenue, Sholing

Gainsborough Close, Sholing

Botley Road, Sholing

**Direction: Southampton City Centre**

26 stops  
[VIEW LINE SCHEDULE](#)

Butts Road Tesco, Sholing

Landseer Road, Sholing

Butts Square, Sholing

Coates Road, Sholing

Parry Road, Sholing

Walton Road, Sholing

Montague Close, Sholing

Sullivan Road Park, Sholing

Delius Avenue, Sholing

Valentine Avenue, Sholing

Gainsborough Close, Sholing

Botley Road, Sholing

St Marys Cemetery, Sholing

Laxton Close, Sholing

Weston Lane, Weston

**7 bus Time Schedule**

Southampton City Centre Route Timetable:

Monday	20:10-23:07
Tuesday	20:10-23:07
Wednesday	20:10-23:07
Thursday	20:10-23:07
Friday	20:10-23:07
Saturday	18:12-23:00
Sunday	18:28-20:58

**7 bus Info**

**Direction:** Southampton City Centre  
**Stops:** 26  
**Trip Duration:** 24 min  
**Line Summary:**

The Swan, Woolston

St Annes Road, Woolston

Fort Road, Woolston

St Patricks Church, Woolston

Bridge Link Road, Woolston

Johns Road, Woolston

Itchen Bridge West, Chapel

Anglesea Terrace, Chapel

City College, St Marys

Hoglands Park, Southampton City Centre

Vincent's Walk, Southampton City Centre

**Direction: Lords Hill**

62 stops  
[VIEW LINE SCHEDULE](#)

Butts Road Tesco, Sholing

Landseer Road, Sholing

Butts Square, Sholing

Coates Road, Sholing

Parry Road, Sholing

Walton Road, Sholing

Montague Close, Sholing

Sullivan Road Park, Sholing

Delius Avenue, Sholing

Valentine Avenue, Sholing

Gainsborough Close, Sholing

Botley Road, Sholing

St Marys Cemetery, Sholing

Laxton Close, Sholing

Weston Lane, Weston

The Swan, Woolston

St Annes Road, Woolston

Fort Road, Woolston

**7 bus Time Schedule**

Lords Hill Route Timetable:

Monday	05:45-18:52
Tuesday	05:45-18:52
Wednesday	05:45-18:52
Thursday	05:45-18:52
Friday	05:45-18:52
Saturday	05:50-18:42
Sunday	Not Operational

**7 bus Info**

**Direction:** Lords Hill  
**Stops:** 62  
**Trip Duration:** 76 min  
**Line Summary:**

St Patricks Church, Woolston

Bridge Link Road, Woolston

Itchen Bridge West, Chapel

Anglesea Terrace, Chapel

City College, St Marys

Hoglands Park, Southampton City Centre

Vincent's Walk, Southampton City Centre

Above Bar, Southampton City Centre

Art Gallery, Southampton City Centre

Central Station, Southampton City Centre

Four Post Hill, Freemantle

Sir Georges Road, Freemantle

Paynes Road, Shirley

St Mark's School, Shirley

Grove Road, Shirley

Lidl, Shirley

Church Street, Shirley

Park Street, Shirley

Clarendon Road, Shirley Park

Percy Road, Shirley Park

Tesco, Millbrook

Mendip Road, Millbrook

Cotswold Road, Millbrook

Quantock Road, Millbrook

Windrush Road, Millbrook Estate

Kendal Avenue Shops, Millbrook Estate

Sedbergh Road, Millbrook Estate

The Saints, Millbrook Estate

Millbrook Towers, Millbrook Estate

Ullswater Road, Millbrook Estate

Borrowdale Road, Millbrook Estate

Crabwood Road, Maybush

Maybush Corner, Maybush

Coxford Close, Maybush

Warren Avenue, Shirley Warren

General Hospital, Shirley Warren

Springford Crescent, Aldermoor

Lyburn Court, Aldermoor

Shopping Parade, Aldermoor

Woburn Road Flyover, Lordswood

Tanners Brook, Lordswood

Kinloss Court, Lords Hill

Blackbushe Close, Lords Hill

Lord's Hill Centre, Lords Hill

**Direction: Southampton City Centre**

57 stops  
[VIEW LINE SCHEDULE](#)

Vincent's Walk, Southampton City Centre

Turning Circle, Aldermoor

Lyburn Court, Aldermoor

Springford Crescent, Aldermoor

General Hospital, Shirley Warren

Vine Road, Southampton General

Warren Avenue, Shirley Warren

Coxford Close, Maybush

Maybush Road, Maybush

Crabwood Road, Maybush

Borrowdale Road, Millbrook Estate

Ullswater Road, Millbrook Estate

Millbrook Towers, Millbrook Estate

The Saints, Millbrook Estate

Sedbergh Road, Millbrook Estate

Kendal Avenue Shops, Millbrook Estate

Windrush Road, Millbrook Estate

**7 bus Time Schedule**

Southampton City Centre Route Timetable:

Monday	20:10-23:07
Tuesday	20:10-23:07
Wednesday	20:10-23:07
Thursday	Not Operational
Friday	19:58-23:08
Saturday	Not Operational
Sunday	07:10

**7 bus Info**

**Direction:** Southampton City Centre  
**Stops:** 57  
**Trip Duration:** 26 min  
**Line Summary:**

Quantock Road, Millbrook

Cotswold Road, Millbrook

Mendip Road, Millbrook

Tesco, Millbrook

King Edward Avenue, Shirley Park

Clarendon Road, Shirley Park

St Patricks Church, Woolston

Park Street, Shirley

Church Street, Shirley

Lidl, Shirley

Mcdonalds, Shirley

Grove Road, Shirley

Paynes Road, Shirley

Sir Georges Road, Freemantle

Four Post Hill, Freemantle

Central Station, Southampton City Centre

Art Gallery, Southampton City Centre

Butts Road Tesco, Sholing

Landseer Road, Sholing

Butts Square, Sholing

Laxton Close, Sholing

Weston Lane, Weston

The Swan, Woolston

St Annes Road, Woolston

Johns Road, Woolston

Above Bar, Southampton City Centre

Vincent's Walk, Southampton City Centre

Coates Road, Sholing

Parry Road, Sholing

Walton Road, Sholing

Montague Close, Sholing

Sullivan Road Park, Sholing

Delius Avenue, Sholing

Valentine Avenue, Sholing

Gainsborough Close, Sholing

Botley Road, Sholing

St Marys Cemetery, Sholing

Fort Road, Woolston

City College, St Marys

Hoglands Park, Southampton City Centre

**Direction: Aldermoor**

57 stops

[VIEW LINE SCHEDULE](#)

Butts Road Tesco, Sholing

Landseer Road, Sholing

Butts Square, Sholing

Coates Road, Sholing

Parry Road, Sholing

Walton Road, Sholing

Montague Close, Sholing

Sullivan Road Park, Sholing

Delius Avenue, Sholing

Valentine Avenue, Sholing

Gainsborough Close, Sholing

Botley Road, Sholing

St Marys Cemetery, Sholing

Laxton Close, Sholing

Weston Lane, Weston

The Swan, Woolston

St Annes Road, Woolston

Fort Road, Woolston

St Patricks Church, Woolston

Bridge Link Road, Woolston

Itchen Bridge West, Chapel

**7 bus Time Schedule**

Aldermoor Route Timetable:

Monday	08:28-17:28
Tuesday	Not Operational
Wednesday	Not Operational
Thursday	Not Operational
Friday	Not Operational
Saturday	Not Operational
Sunday	06:20-19:25

**7 bus Info**

**Direction:** Aldermoor

**Stops:** 57

**Trip Duration:** 59 min

**Line Summary:**



Anglesea Terrace, Chapel

City College, St Marys

Hoglands Park, Southampton City Centre

Vincent's Walk, Southampton City Centre

Above Bar, Southampton City Centre

Art Gallery, Southampton City Centre

Central Station, Southampton City Centre

Four Post Hill, Freemantle

Sir Georges Road, Freemantle

Paynes Road, Shirley

St Mark's School, Shirley

Grove Road, Shirley

Lidl, Shirley

Church Street, Shirley

Park Street, Shirley

Clarendon Road, Shirley Park

Percy Road, Shirley Park

Tesco, Millbrook

Mendip Road, Millbrook

Cotswold Road, Millbrook

Quantock Road, Millbrook

Windrush Road, Millbrook Estate

Kendal Avenue Shops, Millbrook Estate

Sedbergh Road, Millbrook Estate

The Saints, Millbrook Estate

Millbrook Towers, Millbrook Estate

Ullswater Road, Millbrook Estate

Borrowdale Road, Millbrook Estate

Crabwood Road, Maybush

Maybush Corner, Maybush

Coxford Close, Maybush

Warren Avenue, Shirley Warren

General Hospital, Shirley Warren

Springford Crescent, Aldermoor

Lyburn Court, Aldermoor

Turning Circle, Aldermoor

7 bus time schedules and route maps are available in an offline PDF at [moovitapp.com](https://moovitapp.com). Use the Moovit App to see live bus times, train schedule or subway schedule, and step-by-step directions for all public transit in London.

© 2025 Moovit - All Rights Reserved