



Spöngin→Tungubakkar

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The 7 bus line (Spöngin→Tungubakkar) has 2 routes. For regular weekdays, their operation hours are:
(1) Spöngin→Tungubakkar: 7:06 AM - 11:48 PM (2) Tungubakkar→Spöngin: 6:32 AM - 11:45 PM
Use the Moovit App to find the closest 7 bus station near you and find out when is the next 7 bus arriving.

Direction: Spöngin→Tungubakkar

21 stops

[VIEW LINE SCHEDULE](#)

Spöngin
Borgavegur
Borgavegur / Gullengi
Víkurvegur / Borgavegur
Egilshöll
Korpúlfsstaðir
Korpúlfsstaðavegur / Brúnastaðir
Kelduskóli / Korpa
Bakkastaðir / Barðastaðir
Barðastaðir
Vesturlandsvegur / Hlíðartún
Framhaldsskólinn í Mosfellsbæ / Fmos
Þverholt / Háholt
Álafossvegur
Vefarastræti / Gerplustræti
Vefarastræti / Helgafellsvegur
Álafossvegur
Hlégarður / Háholt
Varmárskóli
Tunguvegur / Leirvogstunga
Tungubakkar

7 bus Time Schedule

Spöngin→Tungubakkar Route Timetable:

Sunday	7:06 AM - 11:48 PM
Monday	7:06 AM - 11:48 PM
Tuesday	7:06 AM - 11:48 PM
Wednesday	7:06 AM - 11:48 PM
Thursday	7:06 AM - 11:48 PM
Friday	7:06 AM - 11:48 PM
Saturday	7:06 AM - 11:48 PM

7 bus Info

Direction: Spöngin→Tungubakkar

Stops: 21

Trip Duration: 25 min

Line Summary:



Direction: Tungubakkar→Spöngin

20 stops

[VIEW LINE SCHEDULE](#)

Tungubakkar

Tunguvegur / Leirvogstunga

Varmáarskóli

Háholt

Álafossvegur

Vefarastræti / Gerplustræti

Vefarastræti / Helgafellsvegur

Álafossvegur

Háholt

Framhaldsskólinn í Mosfellsbæ / Fmos

Barðastaðir

Bakkastaðir / Barðastaðir

Kelduskóli / Korpa

Korpúlfsstaðavegur / Brúnastaðir

Korpúlfsstaðir

Egilshöll

Borgavegur / Víkurvegur

Borgavegur / Gullengi

7 bus Time Schedule

Tungubakkar→Spöngin Route Timetable:

Sunday	6:32 AM - 11:45 PM
Monday	6:32 AM - 11:45 PM
Tuesday	6:32 AM - 11:45 PM
Wednesday	6:32 AM - 11:45 PM
Thursday	6:32 AM - 11:45 PM
Friday	6:32 AM - 11:45 PM
Saturday	6:32 AM - 11:45 PM

7 bus Info

Direction: Tungubakkar→Spöngin

Stops: 20

Trip Duration: 25 min

Line Summary:

Borgavegur

Spöngin



7 bus time schedules and route maps are available in an offline PDF at moovitapp.com. Use the [Moovit App](#) to see live bus times, train schedule or subway schedule, and step-by-step directions for all public transit in Ísland.

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