



Abbott Labs→Pulse

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The 4 bus line (Abbott Labs→Pulse) has 10 routes. For regular weekdays, their operation hours are:  
 (1) Abbott Labs→Pulse: 5:45 AM - 11:10 PM(2) Forest Ave + Congress St→Quimby Ave + Saco St: 8:50 AM - 6:35 PM(3) Hamlet Park→Pulse: 7:20 AM - 10:12 PM(4) Pulse→Abbott Labs: 5:15 AM - 10:40 PM(5) Pulse→Hamlet Park: 6:45 AM - 9:40 PM(6) Pulse→Quimby Ave + Saco St: 8:15 AM - 8:40 PM(7) Quimby Ave + Saco St→Forest Ave + Congress St: 8:47 AM - 5:06 PM(8) Quimby Ave + Saco St→Pulse: 6:28 AM - 9:07 PM(9) St John St + 325 St John St→Pulse: 5:08 AM - 6:38 AM(10) St John St + 325 St John St→Quimby Ave + Saco St: 6:13 AM  
 Use the Moovit App to find the closest 4 bus station near you and find out when is the next 4 bus arriving.

**Direction: Abbott Labs→Pulse**  
 41 stops  
[VIEW LINE SCHEDULE](#)

**4 bus Time Schedule**  
 Abbott Labs→Pulse Route Timetable:

Sunday	Not Operational
Monday	5:45 AM - 11:10 PM
Tuesday	5:45 AM - 11:10 PM
Wednesday	5:45 AM - 11:10 PM
Thursday	5:45 AM - 11:10 PM
Friday	5:45 AM - 11:10 PM
Saturday	6:15 AM - 8:00 PM

- Abbott Labs
- 55 Bradley Dr
- Saco St + Eisenhower Dr
- Saco St + Prospect St
- Prospec St + Mechanic St
- Mechanic St + W Valentine St
- William Clarke Dr + Central St
- Main St & Spring St
- Main St + Stroudwater St
- Main St + 668 Main St
- Main St + School St
- Westbrook Hannaford
- Main St + Haskell St
- Main St + Tramway Ln
- Main St + 458 Main St
- Main St + 380 Main St
- Main St + Mason St
- Main St + 250 Main St
- Main St + 140 Main St

**4 bus Info**  
**Direction:** Abbott Labs→Pulse  
**Stops:** 41  
**Trip Duration:** 40 min  
**Line Summary:**

Rock Row

Barron Center I/B

Brighton Ave + 1072 Brighton Ave

Brighton Ave + Rand Rd

Brighton Ave + Rowe Ave

Brighton Ave + Capisic St I/B

Brighton Ave + Lucas St

Brighton Ave + Machigonne St

Rosemont Corner I/B

Brighton Ave + 460 Brighton Ave

Brighton Ave + 416 Brighton Ave

Brighton Medical Ctr I/B

Brighton Ave + Bolton St

Brighton Ave + Dartmouth St

Brighton Ave + Kenwood St

Deering's Corner Roundabout I/B

Bedford St Usm I/B

Forest Ave + High St

Forest Ave + Park Ave

Forest Ave + Congress St

Congress St + Center St

Pulse



**Direction: Forest Ave + Congress St → Quimby Ave + Saco St**

36 stops

[VIEW LINE SCHEDULE](#)

Forest Ave + Congress St

Congress St + Center St

Pulse

Oxford St + Alder St

Portland St + Forest Ave

Forest Ave + Kennebec St

Bedford St Usm O/B

**4 bus Time Schedule**

Forest Ave + Congress St → Quimby Ave + Saco St  
Route Timetable:

Sunday	8:50 AM - 6:35 PM
Monday	Not Operational
Tuesday	Not Operational
Wednesday	Not Operational
Thursday	Not Operational
Friday	Not Operational
Saturday	Not Operational

Deering's Corner Roundabout O/B

Brighton Ave + Pitt St

Brighton Ave + Noyes St

Brighton Ave + Beacon St

Brighton Medical Ctr O/B

Brighton Ave + Stevens Ave

Brighton Ave + Belfield St

Rosemont Corner O/B

Brighton Ave + Edgeworth Ave

Brighton Ave + Wayside Rd

Brighton Ave + Capisic St O/B

Sagamore Village O/B

Brighton Ave + Taft Ave

Barron Center O/B

Main St + Riverside St

Main St + Liza Harmon Dr

Westbrook City Hall

Main St + Deer Hill Ave

Main St + Mason St

Main St + 389 Main St

Harnois Ave + Main St

Main St + Locust St

Westbrook Hannaford

Main St + Riverbank Park

Main St + Dunn St

Main St + 741 Main St

Main St + 795 Main St

Mechanic & Quimby

Quimby Ave + Saco St

#### 4 bus Info

**Direction:** Forest Ave + Congress St→Quimby Ave + Saco St

**Stops:** 36

**Trip Duration:** 41 min

**Line Summary:**



**Direction:** Hamlet Park→Pulse

41 stops

[VIEW LINE SCHEDULE](#)

#### 4 bus Time Schedule

Hamlet Park→Pulse Route Timetable:

Sunday

Not Operational

Hamlet Park

Saco St + Spiller Dr

Saco St + Eisenhower Dr

Saco St + Prospect St

Prospec St + Mechanic St

Mechanic St + W Valentine St

William Clarke Dr + Central St

Main St & Spring St

Main St + Stroudwater St

Main St + 668 Main St

Main St + School St

Westbrook Hannaford

Main St + Haskell St

Main St + Tramway Ln

Main St + 458 Main St

Main St + 380 Main St

Main St + Mason St

Main St + 250 Main St

Main St + 140 Main St

Rock Row

Barron Center I/B

Brighton Ave + 1072 Brighton Ave

Brighton Ave + Rand Rd

Brighton Ave + Rowe Ave

Brighton Ave + Capisic St I/B

Brighton Ave + Lucas St

Brighton Ave + Machigonne St

Rosemont Corner I/B

Brighton Ave + 460 Brighton Ave

Brighton Ave + 416 Brighton Ave

Brighton Medical Ctr I/B

Brighton Ave + Bolton St

Brighton Ave + Dartmouth St

Monday	7:20 AM - 10:12 PM
Tuesday	7:20 AM - 10:12 PM
Wednesday	7:20 AM - 10:12 PM
Thursday	7:20 AM - 10:12 PM
Friday	7:20 AM - 10:12 PM
Saturday	Not Operational

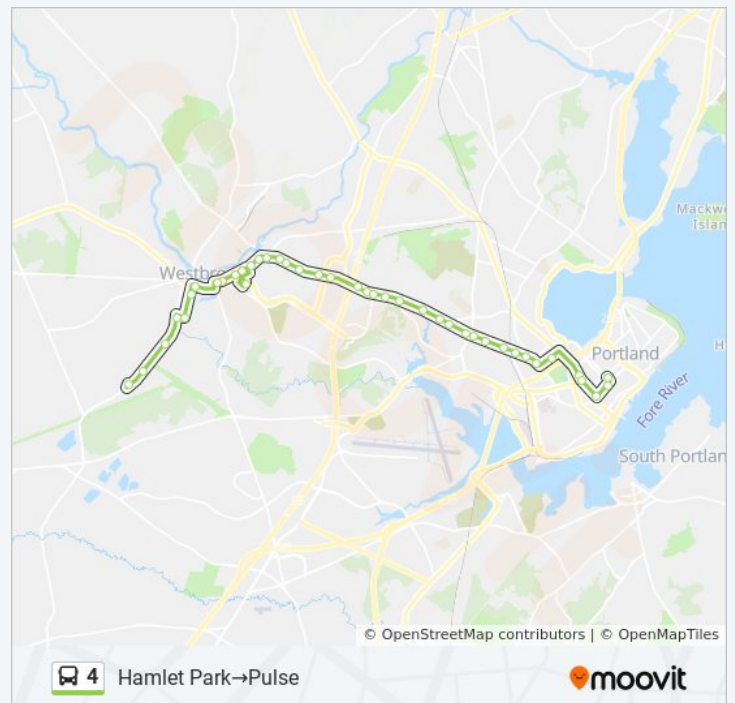
#### 4 bus Info

**Direction:** Hamlet Park→Pulse

**Stops:** 41

**Trip Duration:** 40 min

**Line Summary:**



Brighton Ave + Kenwood St

Deering's Corner Roundabout I/B

Bedford St Usm I/B

Forest Ave + High St

Forest Ave + Park Ave

Forest Ave + Congress St

Congress St + Center St

Pulse

**Direction: Pulse→Abbott Labs**

39 stops

[VIEW LINE SCHEDULE](#)

Pulse

Oxford St + Alder St

Portland St + Forest Ave

Forest Ave + Kennebec St

Bedford St Usm O/B

Deering's Corner Roundabout O/B

Brighton Ave + Pitt St

Brighton Ave + Noyes St

Brighton Ave + Beacon St

Brighton Medical Ctr O/B

Brighton Ave + Stevens Ave

Brighton Ave + Belfield St

Rosemont Corner O/B

Brighton Ave + Edgeworth Ave

Brighton Ave + Wayside Rd

Brighton Ave + Capisic St O/B

Sagamore Village O/B

Brighton Ave + Taft Ave

Barron Center O/B

Main St + Riverside St

Main St + Liza Harmon Dr

**4 bus Time Schedule**

Pulse→Abbott Labs Route Timetable:

Sunday	Not Operational
Monday	5:15 AM - 10:40 PM
Tuesday	5:15 AM - 10:40 PM
Wednesday	5:15 AM - 10:40 PM
Thursday	5:15 AM - 10:40 PM
Friday	5:15 AM - 10:40 PM
Saturday	5:45 AM - 7:20 PM

**4 bus Info**

**Direction:** Pulse→Abbott Labs

**Stops:** 39

**Trip Duration:** 35 min

**Line Summary:**

Westbrook City Hall

Main St + Deer Hill Ave

Main St + Mason St

Main St + 389 Main St

Harnois Ave + Main St

Main St + Locust St

Westbrook Hannaford

Main St + Riverbank Park

Main St + Dunn St

Main St + 741 Main St

Main St + 795 Main St

Mechanic & Quimby

Mechanic St + West Valentine St

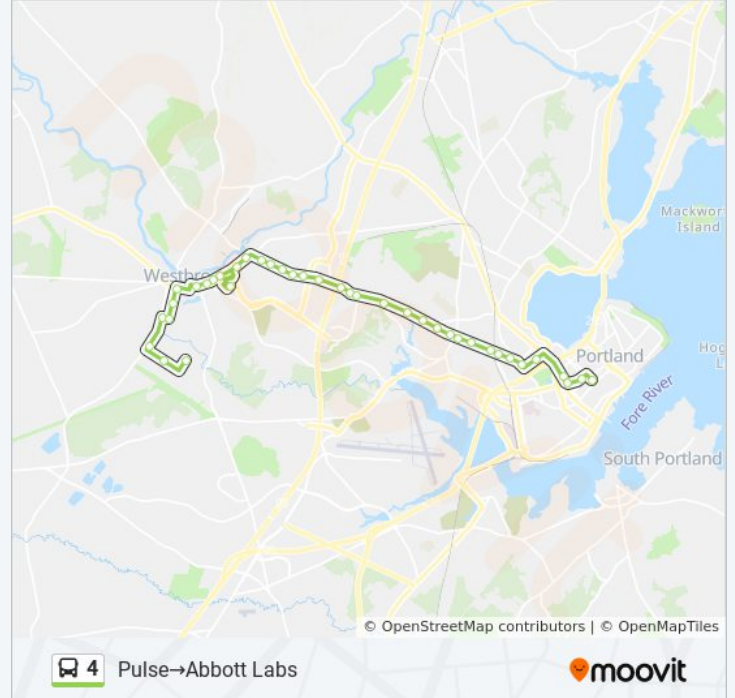
Mechanic St + Prospect St

Prospect St + Saco St

Saco St + 345 Saco St

Idexx

Abbott Labs



**Direction: Pulse→Hamlet Park**

38 stops

[VIEW LINE SCHEDULE](#)

Pulse

Oxford St + Alder St

Portland St + Forest Ave

Forest Ave + Kennebec St

Bedford St Usm O/B

Deering's Corner Roundabout O/B

Brighton Ave + Pitt St

Brighton Ave + Noyes St

Brighton Ave + Beacon St

Brighton Medical Ctr O/B

Brighton Ave + Stevens Ave

**4 bus Time Schedule**

Pulse→Hamlet Park Route Timetable:

Sunday	Not Operational
Monday	6:45 AM - 9:40 PM
Tuesday	6:45 AM - 9:40 PM
Wednesday	6:45 AM - 9:40 PM
Thursday	6:45 AM - 9:40 PM
Friday	6:45 AM - 9:40 PM
Saturday	Not Operational

**4 bus Info**

**Direction:** Pulse→Hamlet Park

**Stops:** 38

**Trip Duration:** 37 min

**Line Summary:**



Brighton Ave + Belfield St

Rosemont Corner O/B

Brighton Ave + Edgeworth Ave

Brighton Ave + Wayside Rd

Brighton Ave + Capisic St O/B

Sagamore Village O/B

Brighton Ave + Taft Ave

Barron Center O/B

Main St + Riverside St

Main St + Liza Harmon Dr

Westbrook City Hall

Main St + Deer Hill Ave

Main St + Mason St

Main St + 389 Main St

Harnois Ave + Main St

Main St + Locust St

Westbrook Hannaford

Main St + Riverbank Park

Main St + Dunn St

Main St + 741 Main St

Main St + 795 Main St

Mechanic & Quimby

Mechanic St + West Valentine St

Mechanic St + Prospect St

Prospect St + Saco St

Saco St + 345 Saco St

Hamlet Park



**Direction: Pulse → Quimby Ave + Saco St**

34 stops

[VIEW LINE SCHEDULE](#)

Pulse

Oxford St + Alder St

**4 bus Time Schedule**

Pulse → Quimby Ave + Saco St Route Timetable:

Sunday	8:15 AM
Monday	8:15 AM - 8:40 PM
Tuesday	8:15 AM - 8:40 PM

Portland St + Forest Ave

Forest Ave + Kennebec St

Bedford St Usm O/B

Deering's Corner Roundabout O/B

Brighton Ave + Pitt St

Brighton Ave + Noyes St

Brighton Ave + Beacon St

Brighton Medical Ctr O/B

Brighton Ave + Stevens Ave

Brighton Ave + Belfield St

Rosemont Corner O/B

Brighton Ave + Edgeworth Ave

Brighton Ave + Wayside Rd

Brighton Ave + Capisic St O/B

Sagamore Village O/B

Brighton Ave + Taft Ave

Barron Center O/B

Main St + Riverside St

Main St + Liza Harmon Dr

Westbrook City Hall

Main St + Deer Hill Ave

Main St + Mason St

Main St + 389 Main St

Harnois Ave + Main St

Main St + Locust St

Westbrook Hannaford

Main St + Riverbank Park

Main St + Dunn St

Main St + 741 Main St

Main St + 795 Main St

Mechanic & Quimby

Quimby Ave + Saco St

Wednesday	8:15 AM - 8:40 PM
Thursday	8:15 AM - 8:40 PM
Friday	8:15 AM - 8:40 PM
Saturday	7:10 AM - 10:40 PM

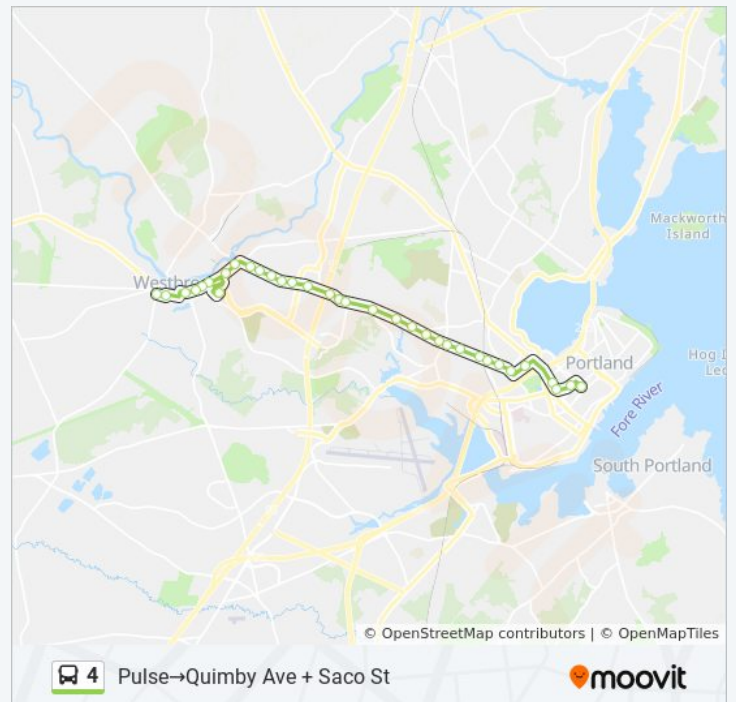
#### 4 bus Info

**Direction:** Pulse→Quimby Ave + Saco St

**Stops:** 34

**Trip Duration:** 31 min

**Line Summary:**





**Direction: Quimby Ave + Saco St→Forest Ave + Congress St**

34 stops

[VIEW LINE SCHEDULE](#)

- Quimby Ave + Saco St
- William Clarke Dr + Central St
- Main St & Spring St
- Main St + Stroudwater St
- Main St + 668 Main St
- Main St + School St
- Westbrook Hannaford
- Main St + Haskell St
- Main St + Tramway Ln
- Main St + 458 Main St
- Main St + 380 Main St
- Main St + Mason St
- Main St + 250 Main St
- Main St + 140 Main St
- Rock Row
- Barron Center I/B
- Brighton Ave + 1072 Brighton Ave
- Brighton Ave + Rand Rd
- Brighton Ave + Rowe Ave
- Brighton Ave + Capisic St I/B
- Brighton Ave + Lucas St
- Brighton Ave + Machigonne St
- Rosemont Corner I/B
- Brighton Ave + 460 Brighton Ave
- Brighton Ave + 416 Brighton Ave
- Brighton Medical Ctr I/B
- Brighton Ave + Bolton St
- Brighton Ave + Dartmouth St
- Brighton Ave + Kenwood St

**4 bus Time Schedule**

Quimby Ave + Saco St→Forest Ave + Congress St  
Route Timetable:

Sunday	8:47 AM - 5:06 PM
Monday	Not Operational
Tuesday	Not Operational
Wednesday	Not Operational
Thursday	Not Operational
Friday	Not Operational
Saturday	Not Operational

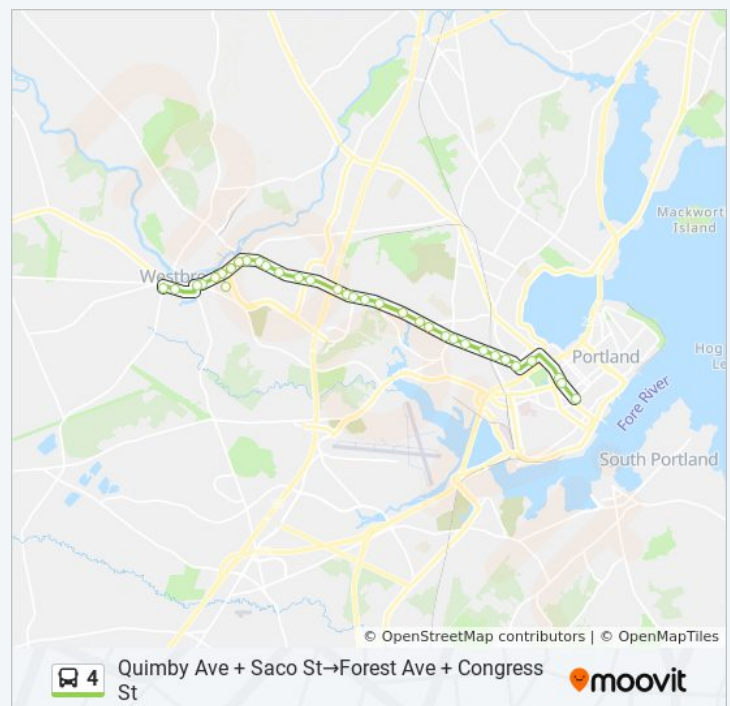
**4 bus Info**

**Direction:** Quimby Ave + Saco St→Forest Ave + Congress St

**Stops:** 34

**Trip Duration:** 24 min

**Line Summary:**



Deering's Corner Roundabout I/B

Bedford St Usm I/B

Forest Ave + High St

Forest Ave + Park Ave

Forest Ave + Congress St

**Direction: Quimby Ave + Saco St→Pulse**

36 stops

[VIEW LINE SCHEDULE](#)

Quimby Ave + Saco St

William Clarke Dr + Central St

Main St & Spring St

Main St + Stroudwater St

Main St + 668 Main St

Main St + School St

Westbrook Hannaford

Main St + Haskell St

Main St + Tramway Ln

Main St + 458 Main St

Main St + 380 Main St

Main St + Mason St

Main St + 250 Main St

Main St + 140 Main St

Rock Row

Barron Center I/B

Brighton Ave + 1072 Brighton Ave

Brighton Ave + Rand Rd

Brighton Ave + Rowe Ave

Brighton Ave + Capisic St I/B

Brighton Ave + Lucas St

Brighton Ave + Machigonne St

Rosemont Corner I/B

Brighton Ave + 460 Brighton Ave

**4 bus Time Schedule**

Quimby Ave + Saco St→Pulse Route Timetable:

Sunday	5:47 PM - 7:13 PM
Monday	6:28 AM - 9:07 PM
Tuesday	6:28 AM - 9:07 PM
Wednesday	6:28 AM - 9:07 PM
Thursday	6:28 AM - 9:07 PM
Friday	6:28 AM - 9:07 PM
Saturday	7:42 AM - 11:04 PM

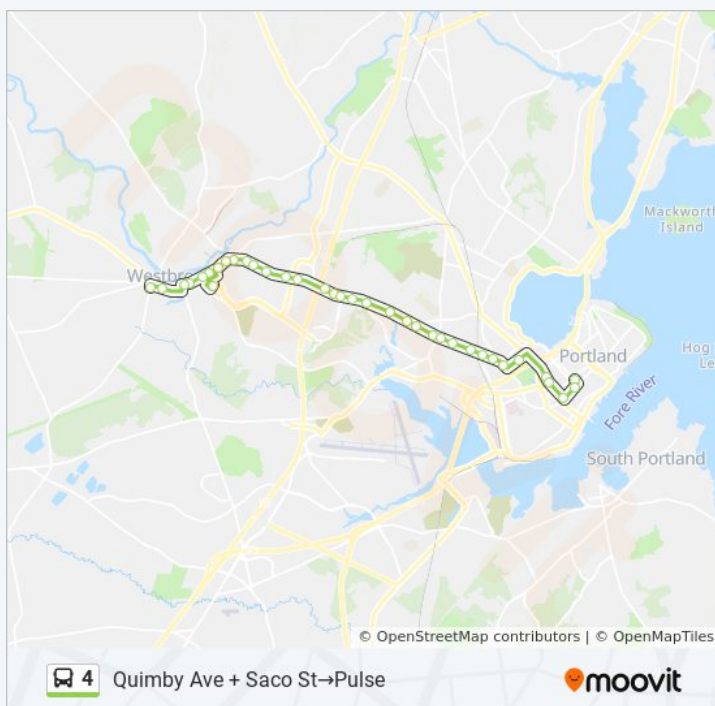
**4 bus Info**

**Direction:** Quimby Ave + Saco St→Pulse

**Stops:** 36

**Trip Duration:** 36 min

**Line Summary:**



Brighton Ave + 416 Brighton Ave

Brighton Medical Ctr I/B

Brighton Ave + Bolton St

Brighton Ave + Dartmouth St

Brighton Ave + Kenwood St

Deering's Corner Roundabout I/B

Bedford St Usm I/B

Forest Ave + High St

Forest Ave + Park Ave

Forest Ave + Congress St

Congress St + Center St

Pulse

**Direction: St John St + 325 St John St→Pulse**

9 stops

[VIEW LINE SCHEDULE](#)

St John St + 325 St John St

Park Ave + Gilman St

Park Ave + Weymouth St

Park Ave + Deering Ave

Park Ave + Mellen St

Park Ave + High St

Forest Ave + Congress St

Congress St + Center St

Pulse

**4 bus Time Schedule**

St John St + 325 St John St→Pulse Route  
Timetable:

Sunday	8:08 AM
Monday	5:08 AM - 6:38 AM
Tuesday	5:08 AM - 6:38 AM
Wednesday	5:08 AM - 6:38 AM
Thursday	5:08 AM - 6:38 AM
Friday	5:08 AM - 6:38 AM
Saturday	6:08 AM

**4 bus Info**

**Direction:** St John St + 325 St John St→Pulse

**Stops:** 9

**Trip Duration:** 7 min

**Line Summary:**



**Direction: St John St + 325 St John St → Quimby Ave + Saco St**

2 stops

[VIEW LINE SCHEDULE](#)

St John St + 325 St John St

Quimby Ave + Saco St

#### 4 bus Time Schedule

St John St + 325 St John St → Quimby Ave + Saco St  
Route Timetable:

Sunday	Not Operational
Monday	6:13 AM
Tuesday	6:13 AM
Wednesday	6:13 AM
Thursday	6:13 AM
Friday	6:13 AM
Saturday	Not Operational

#### 4 bus Info

**Direction:** St John St + 325 St John St → Quimby Ave + Saco St

**Stops:** 2

**Trip Duration:** 15 min

**Line Summary:**



4 bus time schedules and route maps are available in an offline PDF at [moovitapp.com](https://moovitapp.com). Use the [Moovit App](#) to see live bus times, train schedule or subway schedule, and step-by-step directions for all public transit in Portland, ME.

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## Check Live Arrival Times

